The result is the best single book on the Arctic I have seen. It can be read with pleasure by the general public, yet is specific enough to be useful to the specialist in any of the fields of natural history it discusses—birds, animals, plants, insects, marine life. Banding in Greenland has added materially to our knowledge of the migrations and other movements of Arctic birds. In addition to what Eskimos catch or shoot for food at different seasons, the reader learns a great deal about how they adapt their lives to a rigorous climate—for example, making sledge-runners of frozen mud sheathed in a thin layer of ice.— E. Alexander Bergstrom.

NOTES AND NEWS

The British Trust for Ornithology has reprinted, for the use of its members, "Banding With Mist Nets," by Seth H. Low (*Bird-Banding*, **28**: 115-128, July, 1957). Demand for copies of that issue has exhausted the extra supply which we printed for free distribution. However, any reader who would like a copy of the B.T.O. separate may have it without charge by writing to the editor of *Bird-Banding*.

In addition to the three standard sizes of mist nets stocked by the Northeastern Bird-Banding Association, we have a few experimental nets, like the shorebird nets (type C) but undyed silk, off-white in color. It is possible that this color may be effective on a white beach, or that it would be worthwhile to dye the net to match the color of other beaches. Details of any of these nets may be obtained from E. Alexander Bergstrom, 37 Old Brook Road, West Hartford 7, Conn.